



Lunch menu

April 2023

Monday	Tuesday	Wednesday	Thursday	Friday
Pulled barbeque chicken sandwich 3 Baked beans Cole slaw Spiced peaches Beverage	Chicken pot pie 4 Steamed broccoli Squash and onion Fruit cup Beverage	Sausage with peppers and onions 5 Steamed rice Cabbage Apple crisp Beverage	Beef stew with onions and carrots 6 Green peas Mashed potatoes Lemon pound cake Beverage	Baked chicken w/gravy 7 Okra and tomatoes Rice pilaf Fresh fruit Beverage
Chicken and sausage gumbo 10 Collard greens Rice Fresh fruit Beverage	Barbeque chicken 11 Green beans Squash casserole Pound cake Beverage	Cube steak with gravy 12 Roasted brussel sprouts Yellow rice Yogurt Beverage	Turkey and cheese sandwich 13 Pasta salad Three-bean salad Mustard/mayo Chocolate chip cookie Beverage	Spaghetti with meat sauce 14 Tossed salad w dressing Green beans Garlic bread Fruit cobbler Beverage
Chicken and broccoli rice casserole 17 Green beans Sliced carrots Brownie Beverage	Philly steak & cheese on hoagie roll 18 Potato wedges Peppers and onions Diced peaches Beverage	Pot roast with carrots and onions 19 California veggie blend Mashed potatoes Fresh fruit Beverage	Meatloaf with gravy 20 Mashed potatoes Green beans Whole-wheat roll Gelatin with fruit Beverage	Creole baked fish 21 Okra and tomatoes Grits Carrot-raisin salad Fruit cobbler Beverage
Salisbury steak with mushroom gravy 24 Green beans Mashed potatoes Fresh fruit Beverage	Stir-fry chicken with broccoli and carrots 25 Cabbage Brown rice Pineapple tidbits Beverage	Chicken fricassee 26 Mustard greens Macaroni & cheese Oatmeal-raisin cookie Beverage	Cheeseburger 27 Potato wedges Cole slaw Mustard/mayo Fruit cobbler Beverage	Penne pasta in meat sauce 28 Steamed broccoli Carrots Garlic bread Fresh fruit Beverage

*Menu subject to market availability

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