



Lunch menu

December 2022

Monday	Tuesday	Wednesday	Thursday	Friday
			Cheeseburger Baked beans Cole slaw Mustard/mayo/ketchup Fruit cobbler Beverage 1	Chicken salad with whole wheat bread Carrot-raisin salad Pasta salad Fresh fruit Beverage 2
Chicken pot pie Steamed broccoli Squash and onion Fruit cocktail Beverage 5	Creole baked fish Cabbage Spanish red rice Apple crumble Beverage 6	Chicken fricassee Collard greens Okra and tomatoes Steamed rice Pudding Beverage 7	Pot roast with carrots, onions and celery Mashed potatoes Brussel sprouts Pound cake Beverage 8	Philly steak & cheese sandwich Sweet potato wedges Tossed salad w/dressing Spiced peaches Beverage 9
Chicken fingers w/ honey mustard sauce English peas Mac & Cheese Fresh fruit Beverage 12	Beef stroganoff with noodles Sliced carrots Broccoli Gelatin with fruit Beverage 13	Barbeque chicken Crowder peas Green beans Yellow rice Pudding Beverage 14	Meatloaf Potatoes au gratin Tomato & cucumber salad Whole wheat roll Peach cobbler Beverage 15	Beef stew with roasted vegetables Harvard beets Mashed potatoes Yogurt Beverage 16
Chipped barbeque chicken sandwich Peas and carrots Cole slaw Spiced pears Beverage 19	Chili with beans Cabbage Cornbread muffin Margarine Fruit crumble Beverage 20	Salisbury steak Scalloped potatoes Green beans Oatmeal cream cookie Beverage 21	Turkey with gravy Cornbread dressing Yam patty Collard greens Cranberry sauce Carrot cake and Beverage 22	Baked ziti Winter squash Sliced carrots Pudding Beverage 23
Beef stew with carrots and onion Green beans Steamed rice Apple cobbler Beverage 26	Spaghetti w/meat sauce Steamed broccoli Tossed salad with Italian dressing Garlic bread Baked apples Beverage 27	Baked chicken with gravy Snap green beans Sliced carrots Rice Pineapple tidbits Beverage 28	Cheeseburger Baked beans Cole slaw Mustard/mayo/ketchup Fruit cobbler Beverage 29	Oven baked ham Black-eyed peas Turnip greens Whole wheat roll Applesauce Beverage 30

*Menu subject to market availability

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