



# Lunch menu

## January 2024

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken, broccoli and rice casserole <b>1</b> Green beans Sliced carrots Brownie Beverage	Bratwurst sausage <b>2</b> English peas Mixed vegetables Mashed potatoes Fruit cocktail Beverage	Baked chicken w/gravy <b>3</b> Broccoli Okra and tomatoes Yellow rice Pudding Beverage	Chicken fingers <b>4</b> Tossed salad with ranch dressing Macaroni and cheese Spiced apples Beverage	Beef stroganoff with noodles <b>5</b> Sliced carrots Green beans Fresh fruit Beverage
Pot roast with potatoes, onions, and carrots <b>8</b> Brussel sprouts Whole-wheat roll Apple cobbler Beverage	Barbeque chicken <b>9</b> Collard greens Squash casserole Oatmeal cookie Beverage	Cheeseburger with bun <b>10</b> Baked Beans Carrot-raisin salad Mustard/mayo Spiced pears Beverage	Chili with beans <b>11</b> Snap green beans Cornbread Peach crisp Beverage	Spaghetti & meat sauce <b>12</b> Carrots Cabbage Garlic bread Fresh fruit Beverage
Beef stew with carrots potatoes, and onions <b>15</b> Green beans Apple cobbler Beverage	Chicken tetrazzini <b>16</b> with noodles Sweet carrots Collard greens Oatmeal cookie Beverage	Meatloaf with gravy <b>17</b> Green beans Mashed potatoes Whole-wheat roll Gelatin with fruit Beverage	Creole baked fish <b>18</b> Okra and tomatoes Grits Cole slaw Orange Beverage	Sausage with peppers and onions <b>19</b> Rutabagas Roll Fruit cobbler Beverage
Chicken fricassee <b>22</b> Mustard greens Rice Fruit cobbler Beverage	Brunswick stew <b>23</b> Yellow squash Macaroni & cheese Corn muffin Fresh fruit Beverage	Salisbury steak w/gravy <b>24</b> Peas and carrots Mashed potatoes Cookie Beverage	Chipped barbeque chicken with bun <b>25</b> Potato wedges Coleslaw Spiced pears Beverage	Lasagna w/meat sauce <b>26</b> Carrots Green beans Garlic bread Fruit cocktail Beverage
Chicken, broccoli and rice casserole <b>29</b> Green beans Fruit cobbler Beverage	Pork chop w/gravy <b>30</b> English peas Mixed vegetables Mashed potatoes Fruit cocktail Beverage	Baked chicken w/gravy <b>31</b> Broccoli Okra and tomatoes Yellow rice Pudding Beverage		

\*Menu subject to market availability

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