



Lunch menu

March 2023

Monday	Tuesday	Wednesday	Thursday	Friday
		Baked chicken with mushroom gravy Okra and tomatoes Broccoli Macaroni & cheese Fruit cocktail Beverage	Sloppy joes Hamburger bun Baked beans Cole slaw Fruit cobbler Beverage	Fish filet Tossed salad w/ dressing English peas Red rice Orange Beverage
Beef stroganoff Roasted Brussel sprouts Butter beans Fruit cocktail Beverage	Chicken fingers with sauce Baked beans Carrot raisin salad Fruit cobbler Beverage	Chili with beef Cabbage Corn soufflé Chocolate chip cookie Beverage	Barbeque chicken Green beans Squash casserole Roll Fresh fruit Beverage	Meatloaf with gravy Mashed potatoes Sliced carrots Baked apples Beverage
Philly steak & cheese sandwich Potato wedges Peppers and onions Diced peaches Beverage	Baked chicken w/gravy Collard greens Butter beans Corn muffin Fruit cocktail Beverage	Beef stew with carrots and potatoes Steamed broccoli Yellow rice Lemon pound cake Beverage	Chicken & dumplings Green beans Sliced carrots Orange Beverage	Lemon baked fish Okra and tomatoes Grits Cole slaw Fruit cobbler Beverage
Salisbury steak with mushroom gravy Sliced carrots Egg noodles Diced peaches Beverage	Stir-fry chicken with broccoli and carrots Cabbage Brown rice Pineapple tidbits Beverage	Barbeque pulled pork Potato wedges Cole slaw Bun Apple crisp Beverage	Brunswick stew Steamed squash Butter beans Corn muffin Fresh fruit Beverage	Spaghetti w/meat sauce Tossed salad w dressing Green beans Garlic bread Fruit cobbler Beverage
Chicken and broccoli rice casserole Green beans Sliced carrots Brownie Beverage	Pot roast with carrots and onions Chef's choice of veggie Mashed potatoes Fresh fruit Beverage	Baked chicken with mushroom gravy Okra and tomatoes Broccoli Macaroni & cheese Fruit cocktail Beverage	Sloppy joes Hamburger bun Baked beans Cole slaw Fruit cobbler Beverage	Fish filet Tossed salad w/ dressing English peas Red rice Orange Beverage

*Menu subject to market availability