



Lunch menu

May 2024

Monday	Tuesday	Wednesday	Thursday	Friday
		Swedish meatballs 1 Green beans Mashed potatoes Cookie Beverage	Smothered pork chop 2 Lima beans Macaroni and cheese Orange Beverage	Chicken tetrazzini 3 Tossed salad w/dressing English peas Peach cobbler Beverage
Chicken fingers 6 w/ honey mustard sauce Sweet potato wedges Collard greens Yogurt Beverage	Chili with beans 7 Coleslaw Carrots Cornbread Spiced pears Beverage	Pot roast with potatoes, 8 onions, and carrots Brussel sprouts Squash Fresh fruit Beverage	Turkey & cheese 9 sandwich with lettuce, tomato, mustard, mayo Potato wedges Berry crisp Beverage	Barbeque chicken 10 Green beans Macaroni and cheese Fruit cup Beverage
Meatloaf with gravy 13 Mashed potatoes Green beans Cookie Beverage	Lasagna w/meat sauce 14 Carrots Cabbage Fresh fruit Beverage	Chicken fricassee 15 Cauliflower florets Rice Fruit cobbler Beverage	Cheeseburger with bun 16 Baked beans Cole slaw Mustard/mayo/lettuce, tomato Peach crisp Beverage	Chicken, broccoli, and 17 rice casserole Tossed salad w/dressing Black-eyed peas Spiced apples Beverage
Philly steak & cheese 20 w/hoagie roll Peppers, mushroom, onion Cucumber salad Spiced pears Beverage	Creole baked fish 21 Okra and tomatoes Grits Cole slaw Pudding Beverage	Salisbury steak w/gravy 22 Broccoli Mashed potatoes Fruit cocktail Beverage	Sausage with peppers 23 and onions Cabbage Red rice Fruit cobbler Beverage	Spaghetti & meat sauce 24 Carrots Green beans Garlic bread Diced peaches Beverage
Oven-baked ham 27 Black-eyed peas Cauliflower florets Pound cake Beverage	Baked chicken w/gravy 28 Carrots Steamed broccoli Yellow rice Fresh fruit Beverage	Swedish meatballs 29 Green beans Mashed potatoes Cookie Beverage	Smothered pork chop 30 Lima beans Macaroni and cheese Orange Beverage	Chicken tetrazzini 31 Tossed salad w/dressing English peas Peach cobbler Beverage

*Menu subject to market availability

(843) 802-0919 | www.mowbluffonhiltonhead.org